



Senior Men 100m heat 1						Senior Men 200m heat 1						
1	209	Marcus Kirk	Carlisle Aspatria AC	11.1		1	209	Marcus Kirk	Carlisle Aspatria AC	22.7		
2	202	Matthew Wheatley	Bury AC	11.1		2	202	Matthew Wheatley	Bury AC	23.3		
3	885	Adam Oliver	Kirkby Milers AC	11.3		3	885	Adam Oliver	Kirkby Milers AC	23.3		
4	522	Logan Campbell	Preston Harriers	11.6		4	903	Elvin Eduardo (NC)	Guest	24.3		
5	878	Paul Bielby (NC)	St Helens Sutton AC	11.6		5	427	Ciaran Scroggie	Liverpool P & S	24.6		
6	427	Ciaran Scroggie	Liverpool P & S	11.8		6	8	Edward Falkingham	Barrow & Furness	25.0		
Senior Men 100m heat 2						Senior Men 200m heat 2						
1	887	Thomas Henshaw	Kirkby Milers AC	12.2		1	878	Paul Bielby (NC)	St Helens Sutton AC	24.1		
2	488	David Smith	Northern Masters AC	12.2		2	887	Thomas Henshaw	Kirkby Milers AC	24.5		
3	890	Lewis Odonnell	Kirkby Milers AC	12.3		3	879	Gabriel Mullen (NC)	St Helens Sutton AC	24.8		
4	260	Muhammad-Sufian Riaz-A	Hyndburn AC	12.6		4	303	Evan Williams	Kirkby Milers AC	25.0		
5	504	Harvey Van Geffen	Pendle AC	12.8		5	890	Lewis Odonnell	Kirkby Milers AC	25.9		
6	531	Sujit Dallakoti	Preston Harriers	12.8								
Senior Men 100m heat 3						Senior Men 200m heat 3						
1	726	Richard Higson Blythe	Northern Masters AC	12.2		1	726	Richard Higson Blythe	Northern Masters AC	25.5		
2	491	B John Wright	Northern Masters AC	12.6		2	260	Muhammad-Sufian Riaz-A	Hyndburn AC	25.9		
3	789	Chris Burgess	Southport Waterloo	12.9		3	898	Chris Burgess	Southport Waterloo	26.5		
4	851	Bernard Ward	Northern Masters AC	13.1		4	21	Luke Turner	Barrow & Furness	26.5		
5	728	Stephen Thorpe	Northern Masters AC	13.1		5	851	Bernard Ward	Northern Masters AC	26.5		
6	484	Kristian Marsh	Northern Masters AC	13.2		6	504	Harvey Van Geffen	Pendle AC	29.0		
Senior Men 100m heat 4						Senior Men 200m heat 4						
1	895	Kaii Laing	Bury AC	13.2		1	288	Luke Culshaw	Kirkby Milers AC	26.2		
2	174	Michael Hunter	Bury AC	13.3		2	531	Sujit Dallakoti	Preston Harriers	26.8		
3	830	Paul Jeffries	Preston Harriers	13.4		3	174	Michael Hunter	Bury AC	27.4		
4	610	William Edmunds	Southport Waterloo	18.3		4	499	Leeroy Golding	Pendle AC	28.4		
5	296	Nicholas McCole	Kirkby Milers AC	18.4		5	291	Xander Heaton	Kirkby Milers AC	28.8		
6	893	Adam Ryan	Southport Waterloo	22.6		6	830	Paul Jeffries	Preston Harriers	31.9		
Senior Men 100m overall						Senior Men 200m heat 5						
1	209	Marcus Kirk	Carlisle Aspatria AC	11.1	7	D2	1	484	Kristian Marsh	Northern Masters AC	27.6	
2	202	Matthew Wheatley	Bury AC	11.1	5	D2	2	137	Steve Goodwill	Burnley AC	29.0	
3	885	Adam Oliver	Kirkby Milers AC	11.3	7	D1	3	141	John Linaker	Burnley AC	30.4	
4	522	Logan Campbell	Preston Harriers	11.6	5	D1	4	368	Robert Coppell	Liverpool P & S	32.5	
5	878	Paul Bielby (NC)	St Helens Sutton AC	11.6			5	867	Jeffrey Chadwick (NC)	Glaxo Hoad Hill Harriers	34.6	
6	427	Ciaran Scroggie	Liverpool P & S	11.8	4	D1						
7	488	David Smith	Northern Masters AC	12.2	4	D2						
8	887	Thomas Henshaw	Kirkby Milers AC	12.2	3	D1						
9	726	Richard Higson Blythe	Northern Masters AC	12.2	3	D2						
10	890	Lewis Odonnell	Kirkby Milers AC	12.3								
11	260	Muhammad-Sufian Riaz-A	Hyndburn AC	12.6	2	D2						
12	491	B John Wright	Northern Masters AC	12.6								
13	531	Sujit Dallakoti	Preston Harriers	12.8	2	D1						
14	504	Harvey Van Geffen	Pendle AC	12.8	1	D2						
15	789	Chris Burgess	Southport Waterloo	12.9	1	D1						
16	851	Bernard Ward	Northern Masters AC	13.1								
17	728	Stephen Thorpe	Northern Masters AC	13.1								
18	484	Kristian Marsh	Northern Masters AC	13.2								
19	895	Kaii Laing	Bury AC	13.2								
20	174	Michael Hunter	Bury AC	13.3								
21	830	Paul Jeffries	Preston Harriers	13.4								
22	610	William Edmunds	Southport Waterloo	18.3								
23	296	Nicholas McCole	Kirkby Milers AC	18.4								
24	893	Adam Ryan	Southport Waterloo	22.6								
Senior Men 200m heat 6												
1	458	Andrew Paul McAllister	Lytham St Annes	35.4			1	458	Andrew Paul McAllister	Lytham St Annes	35.4	
2	489	Graham Webster	Northern Masters AC	35.4			2	489	Graham Webster	Northern Masters AC	35.4	
3	610	William Edmunds	Southport Waterloo	41.1			3	610	William Edmunds	Southport Waterloo	41.1	
4	893	Adam Ryan	Southport Waterloo	53.4			4	893	Adam Ryan	Southport Waterloo	53.4	



**Senior Men 200m overall**

1	209	Marcus Kirk	Carlisle Aspatria AC	22.7	7	D2
2	202	Matthew Wheatley	Bury AC	23.3	5	D2
3	885	Adam Oliver	Kirkby Milers AC	23.3	7	D1
4	878	Paul Bielby (NC)	St Helens Sutton AC	24.1		
5	903	Elvin Eduardo (NC)	Guest	24.3		
6	887	Thomas Henshaw	Kirkby Milers AC	24.5	5	D1
7	427	Ciaran Scroggie	Liverpool P & S	24.6	4	D1
8	879	Gabriel Mullen (NC)	St Helens Sutton AC	24.8		
9	8	Edward Falkingham	Barrow & Furness	25.0	4	D2
10	303	Evan Williams	Kirkby Milers AC	25.0		
11	726	Richard Higson Blythe	Northern Masters AC	25.5	3	D2
12	890	Lewis Odonnell	Kirkby Milers AC	25.9		
13	260	Muhammad-Sufian Riaz-Ahmed	Hyndburn AC	25.9	2	D2
14	288	Luke Culshaw	Kirkby Milers AC	26.2		
15	21	Luke Turner	Barrow & Furness	26.5	1	D2
16	898	Chris Burgess	Southport Waterloo	26.5	3	D1
17	851	Bernard Ward	Northern Masters AC	26.5		
18	531	Sujit Dallakoti	Preston Harriers	26.8	2	D1
19	174	Michael Hunter	Bury AC	27.4		
20	484	Kristian Marsh	Northern Masters AC	27.6		
21	499	Leeroy Golding	Pendle AC	28.4		
22	291	Xander Heaton	Kirkby Milers AC	28.8		
23	504	Harvey Van Geffen	Pendle AC	29.0		
24	137	Steve Goodwill	Burnley AC	29.0		
25	141	John Linaker	Burnley AC	30.4		
26	830	Paul Jeffries	Preston Harriers	31.9	1	D1
27	368	Robert Coppell	Liverpool P & S	32.5		
28	867	Jeffrey Chadwick (NC)	Glaxo Hoad Hill Harriers	34.6		
29	458	Andrew Paul McAllister	Lytham St Annes	35.4		
30	489	Graham Webster	Northern Masters AC	35.4		
31	610	William Edmunds	Southport Waterloo	41.1		
32	893	Adam Ryan	Southport Waterloo	53.4		

**Senior Men 400m heat 4**

1	141	John Linaker	Burnley AC	68.6		
2	727	Steve Nolan	Northern Masters AC	70.2		
3	368	Robert Coppell	Liverpool P & S	72.6		
4	474	Paul Christie	Northern Masters AC	78.0		
5	489	Graham Webster	Northern Masters AC	79.1		
6	838	Paul Trickett	Northern Masters AC	80.0		

**Senior Men 400m overall**

1	879	Gabriel Mullen (NC)	St Helens Sutton AC	51.8		
2	80	Logan McCredie	Blackburn Harriers	53.6	7	D1
3	303	Evan Williams	Kirkby Milers AC	56.2	5	D1
4	851	Bernard Ward	Northern Masters AC	57.1	7	D2
5	87	Samuel Mutombo	Blackburn Harriers	57.7	4	D1
6	491	B John Wright	Northern Masters AC	58.3	5	D2
7	260	Muhammad-Sufian Riaz-Ahmed	Hyndburn AC	58.5	4	D2
8	531	Sujit Dallakoti	Preston Harriers	58.8	3	D1
9	290	Joe Grundy	Kirkby Milers AC	59.0	2	D1
10	174	Michael Hunter	Bury AC	60.6	3	D2
11	142	Simon Morton	Burnley AC	61.6	2	D2
12	499	Leeroy Golding	Pendle AC	61.8	1	D2
13	863	Harold Sewell (NC)	Bradford Airedale AC	61.8		
14	291	Xander Heaton	Kirkby Milers AC	62.4		
15	478	Colin Edwards	Northern Masters AC	62.5		
16	606	John Delamere	Southport Waterloo	63.1	1	D1
17	137	Steve Goodwill	Burnley AC	63.9		
18	141	John Linaker	Burnley AC	68.6		
19	727	Steve Nolan	Northern Masters AC	70.2		
20	368	Robert Coppell	Liverpool P & S	72.6		
21	474	Paul Christie	Northern Masters AC	78.0		
22	489	Graham Webster	Northern Masters AC	79.1		
23	838	Paul Trickett	Northern Masters AC	80.0		

**Senior Men 800m heat 1**

1	8	Edward Falkingham	Barrow & Furness	1:59.7		
2	351	Reuben Anderson	Liverpool P & S	2:00.8		
3	288	Luke Culshaw	Kirkby Milers AC	2:03.0		
4	874	James Wardman (NC)	Rothwell Harriers & AC	2:07.1		
5	264	Alfie Addison	Kendal AAC	2:09.0		
6	21	Luke Turner	Barrow & Furness	2:09.5		
7	629	Marc Singer	Southport Waterloo	2:11.2		

**Senior Men 800m heat 2**

1	902	Paul Johnston	Bury AC	2:18.2		
2	606	John Delamere	Southport Waterloo	2:25.8		
3	722	Karl Hinze	Bury AC	2:28.3		
4	727	Steve Nolan	Northern Masters AC	2:44.5		
5	474	Paul Christie	Northern Masters AC	2:55.5		
6	489	Graham Webster	Northern Masters AC	3:03.5		
7	296	Nicholas McCole	Kirkby Milers AC	3:30.9		

**Senior Men 400m heat 1**

1	879	Gabriel Mullen (NC)	St Helens Sutton AC	51.8		
2	80	Logan McCredie	Blackburn Harriers	53.6		
3	303	Evan Williams	Kirkby Milers AC	56.2		
4	531	Sujit Dallakoti	Preston Harriers	58.8		
5	290	Joe Grundy	Kirkby Milers AC	59.0		
6	291	Xander Heaton	Kirkby Milers AC	62.4		

**Senior Men 400m heat 2**

1	851	Bernard Ward	Northern Masters AC	57.1		
2	87	Samuel Mutombo	Blackburn Harriers	57.7		
3	491	B John Wright	Northern Masters AC	58.3		
4	260	Muhammad-Sufian Riaz-Ahmed	Hyndburn AC	58.5		
5	142	Simon Morton	Burnley AC	61.6		
6	499	Leeroy Golding	Pendle AC	61.8		

**Senior Men 400m heat 3**

1	174	Michael Hunter	Bury AC	60.6		
2	863	Harold Sewell (NC)	Bradford Airedale AC	61.8		
3	478	Colin Edwards	Northern Masters AC	62.5		
4	606	John Delamere	Southport Waterloo	63.1		
5	137	Steve Goodwill	Burnley AC	63.9		



<b>Senior Men 800m overall</b>							<b>Senior Men Shot</b>						
1	8	Edward Falkingham	Barrow & Furness	1:59.7	7	D2	1	74	Anthony Kent	Blackburn Harriers	10.82	7	D1
2	351	Reuben Anderson	Liverpool P & S	2:00.8	7	D1	2	521	Brian Campbell	Preston Harriers	9.39	5	D1
3	288	Luke Culshaw	Kirkby Milers AC	2:03.0	5	D1	3	861	Alexander Wotherspoon	Wigan & District	8.91	4	D1
4	874	James Wardman (NC)	Rothwell Harriers & AC	2:07.1			4	683	Ian McPhail	Wigan & District	8.55	3	D1
5	264	Alfie Addison	Kendal AAC	2:09.0	5	D2	5	359	David Brown	Liverpool P & S	8.30	2	D1
6	21	Luke Turner	Barrow & Furness	2:09.5	4	D2	6	476	Rick Cordwell (NC)	Northern Masters AC	8.04		
7	629	Marc Singer	Southport Waterloo	2:11.2	4	D1	7	458	Andrew Paul McAllister	Lytham St Annes	8.00	7	D2
8	902	Paul Johnston	Bury AC	2:18.2	3	D2	8	723	Toby Nicholson	Lancaster & Morecambe	7.09	1	D1
9	606	John Delamere	Southport Waterloo	2:25.8	3	D1	9	291	Xander Heaton	Kirkby Milers AC	6.70		
10	722	Karl Hinze	Bury AC	2:28.3	2	D2	10	134	John Edgar Edwards	Burnley AC	6.41	5	D2
11	727	Steve Nolan	Northern Masters AC	2:44.5	1	D2	11	258	Nick Rawcliffe	Hyndburn AC	5.88	4	D2
12	474	Paul Christie	Northern Masters AC	2:55.5			12	292	Nathaniel Hopkins	Kirkby Milers AC	4.34		
13	489	Graham Webster	Northern Masters AC	3:03.5			<b>Senior Men Discus</b>						
14	296	Nicholas McCole	Kirkby Milers AC	3:30.9	2	D1	1	74	Anthony Kent	Blackburn Harriers	37.15	7	D1
<b>Senior Men 1500m</b>							2	257	Russell Race	Hyndburn AC	25.92	7	D2
1	351	Reuben Anderson	Liverpool P & S	4:20.1	7	D1	3	359	David Brown	Liverpool P & S	24.39	5	D1
2	849	Matthew Hughes	Northern Masters AC	4:21.2	7	D2	4	499	Leeroy Golding	Pendle AC	22.17	5	D2
3	880	Alexander Seed (NC)	Sunderland Harriers & AC	4:25.3			5	861	Alexander Wotherspoon	Wigan & District	21.60	4	D1
4	626	Will Rothwell	Southport Waterloo	4:27.2	5	D1	6	137	Steve Goodwill	Burnley AC	20.70	4	D2
5	264	Alfie Addison	Kendal AAC	4:34.0	5	D2	7	683	Ian McPhail	Wigan & District	20.64	3	D1
6	868	Robert Hope (NC)	Horwich R M I Harriers	4:34.7			8	484	Kristian Marsh	Northern Masters AC	20.31	3	D2
7	848	Daniel Bennett	Northern Masters AC	4:36.3	4	D2	9	258	Nick Rawcliffe	Hyndburn AC	17.87	2	D2
8	21	Luke Turner	Barrow & Furness	4:40.7	3	D2	10	134	John Edgar Edwards	Burnley AC	16.85	1	D2
9	290	Joe Grundy	Kirkby Milers AC	4:52.8	4	D1	11	445	Iain Wilkinson	Liverpool P & S	16.73	2	D1
10	867	Jeffrey Chadwick (NC)	Glaxo Hoad Hill Harriers	5:29.0			12	842	Matthew Nolan	Bury AC	16.70		
11	474	Paul Christie	Northern Masters AC	6:15.0			13	830	Paul Jeffries	Preston Harriers	15.36	1	D1
<b>Senior Men 3000m</b>							14	483	Russell Maddams	Northern Masters AC	15.13		
1	844	Beau Smith	Lancaster & Morecambe	9:11.1	7	D1	<b>Senior Men Javelin</b>						
2	904	Sebastian Poma	Bury AC	9:11.8	7	D2	1	476	Rick Cordwell (NC)	Northern Masters AC	26.07		
3	869	Mike Burrett (NC)	Leeds City Athletic Club	9:38.9			2	483	Russell Maddams	Northern Masters AC	24.99	7	D2
4	62	Stephen Hall	Blackburn Harriers	9:47.1	5	D1	3	842	Matthew Nolan	Bury AC	24.33	5	D2
5	475	Jonathan Cleaver	Northern Masters AC	9:54.3	5	D2	4	861	Alexander Wotherspoon	Wigan & District	23.84	7	D1
6	483	Russell Maddams	Northern Masters AC	10:00.1	4	D2	5	845	Todd Byrom	Liverpool P & S	23.34	5	D1
7	781	Ben Norris	Burnley AC	10:39.4	3	D2	6	258	Nick Rawcliffe	Hyndburn AC	19.10	4	D2
8	830	Paul Jeffries	Preston Harriers	12:39.3	4	D1	7	656	Jeff Darbyshire	Wigan & District	18.93	4	D1
<b>Senior Men High Jump</b>							8	830	Paul Jeffries	Preston Harriers	17.96	3	D1
1	876	Joel Watson (NC)	Salford Metropolitan AC	1.60			9	292	Nathaniel Hopkins	Kirkby Milers AC	12.98	2	D1
<b>Senior Men Long Jump</b>							<b>Senior Men Hammer</b>						
1	522	Logan Campbell	Preston Harriers	5.95	7	D1	1	74	Anthony Kent	Blackburn Harriers	51.94	7	D1
2	903	Elvin Eduardo (NC)	Guest	5.60			2	257	Russell Race	Hyndburn AC	30.96	7	D2
3	876	Joel Watson (NC)	Salford Metropolitan AC	5.24			3	134	John Edgar Edwards	Burnley AC	27.25	5	D2
4	728	Stephen Thorpe	Northern Masters AC	4.60	7	D2	4	723	Toby Nicholson	Lancaster & Morecambe	21.05	5	D1
5	656	Jeff Darbyshire	Wigan & District	4.19	5	D1	5	683	Ian McPhail	Wigan & District	20.99	4	D1
6	504	Harvey Van Geffen	Pendle AC	4.18	5	D2	6	656	Jeff Darbyshire	Wigan & District	15.11	3	D1
7	472	John Barratt	Northern Masters AC	4.08	4	D2	<b>Under 17 Men 100m heat 1</b>						
<b>Senior Men Triple Jump</b>							1	866	Maxwell Ormston (NC)	East Cheshire Harriers &	11.5		
1	481	Chrisitan Holcombe	Northern Masters AC	11.68	7	D2	2	133	Samuel Damawa	Burnley AC	11.6		
2	528	Finlay Clash	Preston Harriers	11.07	7	D1	3	870	Tristan Lamprecht (NC)	Macclesfield Harriers & A	11.7		
3	472	John Barratt	Northern Masters AC	9.27	5	D2	4	883	William Brooks (NC)	Guest	12.1		
							5	853	Oliver Ward	Preston Harriers	12.8		



<b>Under 17 Men 100m heat 2</b>						<b>Under 17 Men 400m</b>						
1	205	Daniel Cattermole	Carlisle Aspatria AC	11.6		1	644	William Ashcroft	Wigan & District	53.2	7	D1
2	595	Jake Anders	Southport Waterloo	11.7		2	98	Matthew Sharples	Blackburn Harriers	53.2	5	D1
3	852	William Arrowsmith	Preston Harriers	13.2		3	871	Christopher Parikh (NC)	Manchester Harriers & AC	55.0		
4	892	James McCaulay	Blackburn Harriers	13.7		4	899	Josh Roberts	Wigan & District	58.7	4	D1
5	220	Louis Crake	Chorley AC & Tri	13.9		5	153	Flint Bowden	Bury AC	61.0	7	D2
<b>Under 17 Men 100m heat 3</b>						<b>Under 17 Men 800m</b>						
1	881	Nathan Owen (NC)	West Cheshire Athletic Cl	11.8		1	877	Hugo Berry (NC)	Sedbergh School Running Cl	2:05.7		
2	498	Thomas Finnan	Pendle AC	12.4		2	894	Francis Vidler (NC)	Guest	2:00.5		
3	207	Benjamin Holmes	Carlisle Aspatria AC	12.4		3	607	William Delamere	Southport Waterloo	2:01.0	7	D1
4	889	Ben Culshaw	Kirkby Milers AC	12.6		4	603	Eddy Clark	Southport Waterloo	2:01.6	5	D1
5	858	Noah Salloum	Wigan & District	12.8		5	269	Will Brayshaw	Kendal AAC	2:04.8	7	D2
<b>Under 17 Men 100m overall</b>						<b>Under 17 Men 1500m</b>						
1	866	Maxwell Ormston (NC)	East Cheshire Harriers & Tameside AC			1	308	Ben Brassington	Lancaster & Morecambe	4:10.9	7	D1
2	133	Samuel Damawa	Burnley AC	11.6	7 D2	2	659	Dylan Gough	Wigan & District	4:39.3	5	D1
3	205	Daniel Cattermole	Carlisle Aspatria AC	11.6	5 D2	3	637	Evan Thomas	Southport Waterloo	4:50.1	4	D1
4	870	Tristan Lamprecht (NC)	Macclesfield Harriers & AC	11.7		4	39	Liam Bennison	Blackburn Harriers	4:53.7	3	D1
5	595	Jake Anders	Southport Waterloo	11.7	7 D1	5	347	Oliver Scott	Leven Valley AC	5:01.9	7	D2
6	881	Nathan Owen (NC)	West Cheshire Athletic Cl	11.8		<b>Under 17 Men 3000m</b>						
7	883	William Brooks (NC)	Guest	12.1		1	744	Samuel Lambert (NC)	Liverpool Harriers & AC	9:38.2		
8	207	Benjamin Holmes	Carlisle Aspatria AC	12.4	4 D2	2	348	Riley Scott	Leven Valley AC	10:37.2	7	D2
9	498	Thomas Finnan	Pendle AC	12.4	3 D2	3	248	Peter John Sagar-Moss	Hyndburn AC	10:49.5	5	D2
10	889	Ben Culshaw	Kirkby Milers AC	12.6	5 D1	<b>Under 17 Men High Jump</b>						
11	853	Oliver Ward	Preston Harriers	12.8	4 D1	1	750	Mezube Elenwa (NC)	Oldham & Royton H & AC	1.60		
12	858	Noah Salloum	Wigan & District	12.8	3 D1	2	157	Ben Clarke	Bury AC	1.60	7	D2
13	852	William Arrowsmith	Preston Harriers	13.2	2 D1	<b>Under 17 Men Long Jump</b>						
14	892	James McCaulay	Blackburn Harriers	13.7	1 D1	1	899	Josh Roberts	Wigan & District	5.04	7	D1
15	220	Louis Crake	Chorley AC & Tri	13.9	2 D2	<b>Under 17 Men Triple Jump</b>						
<b>Under 17 Men 200m heat 1</b>						1	26	James Acton-Grieves	Blackburn Harriers	10.31	7	D1
1	595	Jake Anders	Southport Waterloo	23.9		<b>Under 17 Men Shot</b>						
2	883	William Brooks (NC)	Guest	24.1		1	158	Oliver Cooper	Bury AC	12.01	7	D2
3	852	William Arrowsmith	Preston Harriers	25.5		2	704	Isaac Wright	Wigan & District	11.51	7	D1
4	858	Noah Salloum	Wigan & District	26.4		3	870	Tristan Lamprecht (NC)	Macclesfield Harriers & AC	11.27		
5	153	Flint Bowden	Bury AC	26.5		4	259	Rhys Rawcliffe	Hyndburn AC	5.75	5	D2
6	892	James McCaulay	Blackburn Harriers	28.3		<b>Under 17 Men Discus</b>						
<b>Under 17 Men 200m heat 2</b>						1	704	Isaac Wright	Wigan & District	31.85	7	D1
1	866	Maxwell Ormston (NC)	East Cheshire Harriers & Tameside AC	23.7		2	870	Tristan Lamprecht (NC)	Macclesfield Harriers & AC	28.05		
2	881	Nathan Owen (NC)	West Cheshire Athletic Cl	23.9		3	158	Oliver Cooper	Bury AC	26.85	7	D2
3	133	Samuel Damawa	Burnley AC	24.3		4	259	Rhys Rawcliffe	Hyndburn AC	18.68	5	D2
4	498	Thomas Finnan	Pendle AC	24.9		<b>Under 17 Men 200m overall</b>						
5	207	Benjamin Holmes	Carlisle Aspatria AC	25.2		1	866	Maxwell Ormston (NC)	East Cheshire Harriers & Tameside AC			
<b>Under 17 Men 200m overall</b>						2	595	Jake Anders	Southport Waterloo	23.9	7	D1
1	866	Maxwell Ormston (NC)	East Cheshire Harriers & Tameside AC	23.7		3	881	Nathan Owen (NC)	West Cheshire Athletic Cl	23.9		
2	595	Jake Anders	Southport Waterloo	23.9		4	883	William Brooks (NC)	Guest	24.1		
3	881	Nathan Owen (NC)	West Cheshire Athletic Cl	23.9		5	133	Samuel Damawa	Burnley AC	24.3	7	D2
4	883	William Brooks (NC)	Guest	24.1		6	498	Thomas Finnan	Pendle AC	24.9	5	D2
5	133	Samuel Damawa	Burnley AC	24.3		7	207	Benjamin Holmes	Carlisle Aspatria AC	25.2	4	D2
6	498	Thomas Finnan	Pendle AC	24.9		8	852	William Arrowsmith	Preston Harriers	25.5	5	D1
7	207	Benjamin Holmes	Carlisle Aspatria AC	25.2		9	858	Noah Salloum	Wigan & District	26.4	4	D1
8	852	William Arrowsmith	Preston Harriers	25.5		10	153	Flint Bowden	Bury AC	26.5	3	D2
9	858	Noah Salloum	Wigan & District	26.4		11	892	James McCaulay	Blackburn Harriers	28.3	3	D1
10	153	Flint Bowden	Bury AC	26.5								
11	892	James McCaulay	Blackburn Harriers	28.3								



<b>Under 17 Men Javelin</b>						
1	157	Ben Clarke	Bury AC	56.56	7	D2
2	884	Malachi Harty (NC)	Guest	48.21		
3	77	Loucas Lancashire	Blackburn Harriers	37.85	7	D1
4	158	Oliver Cooper	Bury AC	35.38	5	D2
5	248	Peter John Sagar-Moss	Hyndburn AC	33.75	4	D2
6	259	Rhys Rawcliffe	Hyndburn AC	25.67	3	D2

  

<b>Under 15 Boys 100m heat 1</b>						
1	495	Lewis Burt	Pendle AC	12.2		
2	127	Deacon Tostevin	Blackpool Wyre & Fylde	12.3		
3	306	Henry Bowers	Lancaster & Morecambe	12.8		
4	854	Harry Weston	Preston Harriers	13.1		
5	50	Joshua Carrier	Blackburn Harriers	14.0		

  

<b>Under 15 Boys 100m heat 2</b>						
1	206	Harry Cattermole	Carlisle Aspatria AC	12.9		
2	214	Ryan Ashworth	Chorley AC & Tri	13.6		
3	65	Ollie Haworth	Blackburn Harriers	14.0		
4	802	Jacob Wilson	Blackpool Wyre & Fylde	14.3		
5	888	Mohamed Kholeif	Wigan & District	17.4		

  

<b>Under 15 Boys 100m overall</b>						
1	495	Lewis Burt	Pendle AC	12.2	7	D2
2	127	Deacon Tostevin	Blackpool Wyre & Fylde	12.3	5	D2
3	306	Henry Bowers	Lancaster & Morecambe	12.8	7	D1
4	206	Harry Cattermole	Carlisle Aspatria AC	12.9	4	D2
5	854	Harry Weston	Preston Harriers	13.1	5	D1
6	214	Ryan Ashworth	Chorley AC & Tri	13.6	3	D2
7	50	Joshua Carrier	Blackburn Harriers	14.0	4	D1
8	65	Ollie Haworth	Blackburn Harriers	14.0	3	D1
9	802	Jacob Wilson	Blackpool Wyre & Fylde	14.3	2	D2
10	888	Mohamed Kholeif	Wigan & District	17.4	2	D1

  

<b>Under 15 Boys 200m heat 1</b>						
1	495	Lewis Burt	Pendle AC	24.8		
2	621	Lewis Mcllroy	Southport Waterloo	25.1		
3	972	Josh Mackie	Preston Harriers	25.1		
4	422	William Roberts	Liverpool P & S	25.1		

  

<b>Under 15 Boys 200m heat 2</b>						
1	206	Harry Cattermole	Carlisle Aspatria AC	26.0		
2	854	Harry Weston	Preston Harriers	26.7		
3	620	James McGrory	Southport Waterloo	27.0		
4	584	Jamie Stewart	Preston Harriers	28.6		
5	616	Harry Lavery	Southport Waterloo	30.0		

  

<b>Under 15 Boys 200m overall</b>						
1	495	Lewis Burt	Pendle AC	24.8	7	D2
2	621	Lewis Mcllroy	Southport Waterloo	25.1	7	D1
3	972	Josh Mackie	Preston Harriers	25.1	5	D1
4	422	William Roberts	Liverpool P & S	25.1	4	D1
5	206	Harry Cattermole	Carlisle Aspatria AC	26.0	5	D2
6	854	Harry Weston	Preston Harriers	26.7	3	D1
7	620	James McGrory	Southport Waterloo	27.0	2	D1
8	584	Jamie Stewart	Preston Harriers	28.6		
9	616	Harry Lavery	Southport Waterloo	30.0		

  

<b>Under 15 Boys 400m heat 1</b>						
1	621	Lewis Mcllroy	Southport Waterloo	53.7		
2	422	William Roberts	Liverpool P & S	54.7		
3	403	Bentley McIntosh	Liverpool P & S	60.3		
4	616	Harry Lavery	Southport Waterloo	62.3		

  

<b>Under 15 Boys 400m heat 2</b>						
1	214	Ryan Ashworth	Chorley AC & Tri	61.2		
2	803	Aryan Nunkoo	Bury AC	61.7		
3	584	Jamie Stewart	Preston Harriers	63.3		
4	50	Joshua Carrier	Blackburn Harriers	65.7		

  

<b>Under 15 Boys 400m overall</b>						
1	621	Lewis Mcllroy	Southport Waterloo	53.7	7	D1
2	422	William Roberts	Liverpool P & S	54.7	5	D1
3	403	Bentley McIntosh	Liverpool P & S	60.3	4	D1
4	214	Ryan Ashworth	Chorley AC & Tri	61.2	7	D2
5	803	Aryan Nunkoo	Bury AC	61.7	5	D2
6	616	Harry Lavery	Southport Waterloo	62.3	3	D1
7	584	Jamie Stewart	Preston Harriers	63.3	2	D1
8	50	Joshua Carrier	Blackburn Harriers	65.7	1	D1

  

<b>Under 15 Boys 800m</b>						
1	875	Noah Phillips (NC)	Sale Harriers Manchester	2:13.3		
2	620	James McGrory	Southport Waterloo	2:19.5	7	D1
3	734	Harry Redhead	Southport Waterloo	2:26.2	5	D1
4	219	Oliver Bruce	Chorley AC & Tri	2:26.2	7	D2
5	802	Jacob Wilson	Blackpool Wyre & Fylde	2:26.9	5	D2
6	847	Pierce Quinn	Liverpool P & S	2:27.7	4	D1
7	613	Oliver Kimball	Southport Waterloo	2:28.8		

  

<b>Under 15 Boys 1500m</b>						
1	403	Bentley McIntosh	Liverpool P & S	4:48.2	7	D1
2	891	Sam Fisher (NC)	Guest	4:50.0		
3	697	Matthew Trevor	Wigan & District	4:50.4	5	D1
4	106	Max Unthank	Blackburn Harriers	5:01.1	4	D1

  

<b>Under 15 Boys 80m Hurdles</b>						
1	26	James Acton-Grieves	Blackburn Harriers	13.6	7	D1

  

<b>Under 15 Boys High Jump</b>						
1	972	Josh Mackie	Preston Harriers	1.65	7	D1
2	422	William Roberts	Liverpool P & S	1.65	5	D1
3	703	Moses Wotherspoon	Wigan & District	1.30	4	D1

  

<b>Under 15 Boys Long Jump</b>						
1	666	Samuel Hodgkinson	Wigan & District	5.06	7	D1
2	26	James Acton-Grieves	Blackburn Harriers	4.84	5	D1
3	206	Harry Cattermole	Carlisle Aspatria AC	4.73	7	D2
4	214	Ryan Ashworth	Chorley AC & Tri	4.21	5	D2
5	219	Oliver Bruce	Chorley AC & Tri	4.19	4	D2
6	703	Moses Wotherspoon	Wigan & District	4.10	4	D1
7	803	Aryan Nunkoo	Bury AC	4.09	3	D2
8	64	Zakariya Haq	Blackburn Harriers	3.98	3	D1
9	50	Joshua Carrier	Blackburn Harriers	3.87		
10	802	Jacob Wilson	Blackpool Wyre & Fylde	3.86	2	D2



<b>Under 15 Boys Shot</b>						
1	666	Samuel Hodgkinson	Wigan & District	8.13	7	D1
2	306	Henry Bowers	Lancaster & Morecambe	7.26	5	D1
3	677	Harry Lamb	Wigan & District	6.53	4	D1
<b>Under 15 Boys Javelin</b>						
1	64	Zakariya Haq	Blackburn Harriers	27.67	7	D1
2	666	Samuel Hodgkinson	Wigan & District	26.48	5	D1
3	127	Deacon Tostevin	Blackpool Wyre & Fylde	25.73	7	D2
4	677	Harry Lamb	Wigan & District	20.11	4	D1
5	219	Oliver Bruce	Chorley AC & Tri	16.59	5	D2
<b>Under 15 Boys Hammer</b>						
1	677	Harry Lamb	Wigan & District	23.31	7	D1
<b>Under 13 Boys 100m heat 1</b>						
1	318	Ruben Heath	Lancaster & Morecambe	13.8		
2	581	Feyishomi Shodipo	Preston Harriers	14.7		
3	194	James Tallentire	Bury AC	15.2		
4	782	Alex Smialek	Burnley AC	15.3		
5	862	Beau Wotherspoon	Wigan & District	16.0		
<b>Under 13 Boys 100m heat 2</b>						
1	846	Leo Jamieson	Liverpool P & S	13.6		
2	587	Lucas Thompson-Amrith	Preston Harriers	13.7		
3	181	Sammy McBride-Duerden	Bury AC	14.1		
4	776	Noah Briscoe	Blackburn Harriers	14.1		
5	611	George Hawthorn	Southport Waterloo	15.0		
<b>Under 13 Boys 100m heat 3</b>						
1	78	Xuanqiao Liang	Blackburn Harriers	13.9		
2	729	Sebastian Rudd	Preston Harriers	14.4		
3	217	Oscar Bragg	Chorley AC & Tri	14.4		
4	175	Rocco Hunter	Bury AC	17.1		
5	810	Harley Bryan	Preston Harriers	17.2		
<b>Under 13 Boys 100m overall</b>						
1	846	Leo Jamieson	Liverpool P & S	13.6	7	D1
2	587	Lucas Thompson-Amrith	Preston Harriers	13.7	5	D1
3	318	Ruben Heath	Lancaster & Morecambe	13.8	4	D1
4	78	Xuanqiao Liang	Blackburn Harriers	13.9	3	D1
5	776	Noah Briscoe	Blackburn Harriers	14.1	2	D1
6	181	Sammy McBride-Duerden	Bury AC	14.1	7	D2
7	729	Sebastian Rudd	Preston Harriers	14.4	1	D1
8	217	Oscar Bragg	Chorley AC & Tri	14.4	5	D2
9	581	Feyishomi Shodipo	Preston Harriers	14.7		
10	611	George Hawthorn	Southport Waterloo	15.0		
11	194	James Tallentire	Bury AC	15.2	4	D2
12	782	Alex Smialek	Burnley AC	15.3	3	D2
13	862	Beau Wotherspoon	Wigan & District	16.0		
14	175	Rocco Hunter	Bury AC	17.1		
15	810	Harley Bryan	Preston Harriers	17.2		
<b>Under 13 Boys 200m heat 1</b>						
1	78	Xuanqiao Liang	Blackburn Harriers	28.2		
2	846	Leo Jamieson	Liverpool P & S	28.7		
3	587	Lucas Thompson-Amrith	Preston Harriers	29.0		
4	192	Ethan Statham	Bury AC	30.5		
5	622	Matthew Ndjambula	Southport Waterloo	31.3		
<b>Under 13 Boys 200m heat 2</b>						
1	241	Billy Rowbottom	Chorley AC & Tri	29.0		
2	729	Sebastian Rudd	Preston Harriers	29.9		
3	855	Liam Doyle	Southport Waterloo	31.8		
4	194	James Tallentire	Bury AC	33.2		
<b>Under 13 Boys 200m heat 3</b>						
1	776	Noah Briscoe	Blackburn Harriers	29.5		
2	586	Henry Taylor	Preston Harriers	30.5		
3	611	George Hawthorn	Southport Waterloo	31.6		
4	437	Saul Taylor Bromley	Liverpool P & S	32.2		
<b>Under 13 Boys 200m overall</b>						
1	78	Xuanqiao Liang	Blackburn Harriers	28.2	7	D1
2	846	Leo Jamieson	Liverpool P & S	28.7	5	D1
3	587	Lucas Thompson-Amrith	Preston Harriers	29.0	4	D1
4	241	Billy Rowbottom	Chorley AC & Tri	29.0	7	D2
5	776	Noah Briscoe	Blackburn Harriers	29.5	3	D1
6	729	Sebastian Rudd	Preston Harriers	29.9	2	D1
7	192	Ethan Statham	Bury AC	30.5	5	D2
8	586	Henry Taylor	Preston Harriers	30.5		
9	622	Matthew Ndjambula	Southport Waterloo	31.3	1	D1
10	611	George Hawthorn	Southport Waterloo	31.6		
11	855	Liam Doyle	Southport Waterloo	31.8		
12	437	Saul Taylor Bromley	Liverpool P & S	32.2		
13	194	James Tallentire	Bury AC	33.2	4	D2
<b>Under 13 Boys 800m</b>						
1	384	Ivor Holroyd	Liverpool P & S	2:30.2	7	D1
2	217	Oscar Bragg	Chorley AC & Tri	2:34.2	7	D2
3	855	Liam Doyle	Southport Waterloo	2:35.2	5	D1
4	586	Henry Taylor	Preston Harriers	2:36.1	4	D1
5	561	Harrison Kingwells	Preston Harriers	2:39.0	3	D1
6	328	Oliver Partington	Lancaster & Morecambe	2:39.5	2	D1
7	843	Charlie Peters	Lancaster & Morecambe	2:41.7	1	D1
8	873	Harry Walker (NC)	Rosendale Harriers & AC	2:42.3		
9	437	Saul Taylor Bromley	Liverpool P & S	2:47.3		
10	??	??	??	2:50.1		
<b>Under 13 Boys 1500m</b>						
1	192	Ethan Statham	Bury AC	4:41.7	7	D2
2	611	George Hawthorn	Southport Waterloo	5:11.2	7	D1
3	622	Matthew Ndjambula	Southport Waterloo	5:12.0	5	D1
4	865	Harry Lowde (NC)	Clayton-le-Moors Harriers	5:15.6		
5	782	Alex Smialek	Burnley AC	5:20.3	5	D2
6	859	Jak Smith	Wigan & District	5:36.4	4	D1
7	864	George Lowde (NC)	Clayton-le-Moors Harriers	5:53.4		
<b>Under 13 Boys 75m Hurdles</b>						
1	747	Joshua Uben (NC)	Liverpool Harriers & AC	14.3		
2	181	Sammy McBride-Duerden	Bury AC	15.1	7	D2
3	223	Oliver Holden	Chorley AC & Tri	17.3	5	D2



<b>Under 13 Boys High Jump</b>						
1	747	Joshua Uben (NC)	Liverpool Harriers & AC	1.37		
2	587	Lucas Thompson-Amrith	Preston Harriers	1.30	7	D1
3	318	Ruben Heath	Lancaster & Morecambe	1.30	5	D1
4	843	Charlie Peters	Lancaster & Morecambe	1.25	4	D1
5	862	Beau Wotherspoon	Wigan & District	1.20	3	D1
6	581	Feyishomi Shodipo	Preston Harriers	1.10	2	D1

<b>Senior Women 200m heat 1</b>						
1	395	Laura Purdy	Liverpool P & S	32.9		
2	686	Rebecca Seaton	Northern Masters AC	33.2		
3	420	Angela Kelly	Northern Masters AC	36.1		
4	396	Sharon Roberts	Liverpool P & S	38.8		

<b>Under 13 Boys Long Jump</b>						
1	241	Billy Rowbottom	Chorley AC & Tri	4.55	7	D2
2	782	Alex Smialek	Burnley AC	4.48	5	D2
3	776	Noah Briscoe	Blackburn Harriers	4.20	7	D1
4	181	Sammy McBride-Duerden	Bury AC	3.91	4	D2
5	747	Joshua Uben (NC)	Liverpool Harriers & AC	3.76		
6	561	Harrison Kingwells	Preston Harriers	3.68	5	D1
7	318	Ruben Heath	Lancaster & Morecambe	3.56	4	D1
8	217	Oscar Bragg	Chorley AC & Tri	3.22	3	D2
9	194	James Tallentire	Bury AC	3.04	2	D2

<b>Senior Women 200m heat 2</b>						
1	417	Tracey Ashworth	Northern Masters AC	28.3		
2	781	Freya Derbyshire	Preston Harriers	28.9		
3	438	Anita Saunders	Pendle AC	30.0		

<b>Senior Women 200m overall</b>						
1	417	Tracey Ashworth	Northern Masters AC	28.3	7	D2
2	781	Freya Derbyshire	Preston Harriers	28.9	7	D1
3	438	Anita Saunders	Pendle AC	30.0	5	D2
4	395	Laura Purdy	Liverpool P & S	32.9	5	D1
5	686	Rebecca Seaton	Northern Masters AC	33.2	4	D2
6	420	Angela Kelly	Northern Masters AC	36.1		
7	396	Sharon Roberts	Liverpool P & S	38.8	4	D1

<b>Under 13 Boys Shot</b>						
1	373	Alexander Doyle	Liverpool P & S	6.03	7	D1

<b>Under 13 Boys Discus</b>						
1	581	Feyishomi Shodipo	Preston Harriers	16.35	7	D1

<b>Under 13 Boys Javelin</b>						
1	561	Harrison Kingwells	Preston Harriers	23.00	7	D1
2	373	Alexander Doyle	Liverpool P & S	17.46	5	D1
3	175	Rocco Hunter	Bury AC	11.69	7	D2

<b>Senior Women 100m heat 1</b>						
1	781	Freya Derbyshire	Preston Harriers	13.7		
2	450	Erika Corns	Preston Harriers	13.8		
3	434	Kasie Mitchell	Pendle AC	13.8		
4	438	Anita Saunders	Pendle AC	13.8		
5	784	Hannah Wotherspoon	Wigan & District	14.8		

<b>Senior Women 100m heat 2</b>						
1	417	Tracey Ashworth	Northern Masters AC	14.5		
2	442	Ravinder Amrith	Preston Harriers	15.0		
3	395	Laura Purdy	Liverpool P & S	15.5		
4	686	Rebecca Seaton	Northern Masters AC	15.5		
5	420	Angela Kelly	Northern Masters AC	16.3		

<b>Senior Women 100m overall</b>						
1	781	Freya Derbyshire	Preston Harriers	13.7	7	D1
2	450	Erika Corns	Preston Harriers	13.8	5	D1
3	434	Kasie Mitchell	Pendle AC	13.8	7	D2
4	438	Anita Saunders	Pendle AC	13.8	5	D2
5	417	Tracey Ashworth	Northern Masters AC	14.5	4	D2
6	784	Hannah Wotherspoon	Wigan & District	14.8	4	D1
7	442	Ravinder Amrith	Preston Harriers	15.0		
8	395	Laura Purdy	Liverpool P & S	15.5	3	D1
9	686	Rebecca Seaton	Northern Masters AC	15.5	3	D2
10	420	Angela Kelly	Northern Masters AC	16.3		

<b>Senior Women 400m heat 1</b>						
1	126	Nia Rutter	Blackpool Wyre & Fylde	63.9		
2	714	Lindsay Murphy	Southport Waterloo	70.5		
3	424	Alina Stepanchuk	Northern Masters AC	72.0		

<b>Senior Women 400m heat 2</b>						
1	788	Katherine Murray (NC)	Chorlton Runners	73.7		
2	570	Jayne Barlow	Wigan & District	83.6		
3	396	Sharon Roberts	Liverpool P & S	85.3		
4	523	Julie Tyrer	Preston Harriers	102.7		

<b>Senior Women 400m overall</b>						
1	126	Nia Rutter	Blackpool Wyre & Fylde	63.9	7	D1
2	714	Lindsay Murphy	Southport Waterloo	70.5	7	D2
3	424	Alina Stepanchuk	Northern Masters AC	72.0	5	D2
4	788	Katherine Murray (NC)	Chorlton Runners	73.7		
5	570	Jayne Barlow	Wigan & District	83.6	5	D1
6	396	Sharon Roberts	Liverpool P & S	85.3	4	D1
7	523	Julie Tyrer	Preston Harriers	102.7	3	D1

<b>Senior Women 800m</b>						
1	89	Rebecca Ward	Blackburn Harriers	2:29.4	7	D1
2	714	Lindsay Murphy	Southport Waterloo	2:35.0	7	D2
3	829	Jillian Malone (NC)	Guest	2:39.1		
4	424	Alina Stepanchuk	Northern Masters AC	2:44.5	5	D2
5	342	Gwennan Anderson	Liverpool P & S	2:48.1	5	D1
6	781	Freya Derbyshire	Preston Harriers	2:51.9	4	D1
7	422	Rebecca Mills	Northern Masters AC	3:04.8	4	D2
8	570	Jayne Barlow	Wigan & District	3:22.3	3	D1



<b>Senior Women 1500m</b>						
1	834	Tash Mundell (NC)	Guest	5:02.6		
2	245	Laura Livesey-Butterfield	Chorley AC & Tri	5:05.6	7	D2
3	807	Evie Melissa Smith (NC)	Warriors Pentathlon & Athletics Club			
4	329	Ellen Douglas	Leven Valley AC	5:21.4	5	D2
5	829	Jillian Malone (NC)	Guest	5:24.5		
6	714	Lindsay Murphy	Southport Waterloo	5:33.5	4	D2
7	831	Juliette Smith	Northern Masters AC	5:42.0	3	D2
8	342	Gwennan Anderson	Liverpool P & S	5:53.4	7	D1
9	424	Alina Stepanchuk	Northern Masters AC	6:08.1	2	D2
10	422	Rebecca Mills	Northern Masters AC	6:14.5		
11	271	Heidi Sagar-Moss	Hyndburn AC	7:18.9	1	D2
12	688	Susan Wickham	Preston Harriers	8:11.5	5	D1

<b>Senior Women Javelin</b>						
1	608	Rebekah Hopper	Wigan & District	29.22	7	D1
2	126	Nia Rutter	Blackpool Wyre & Fylde	25.85	5	D1
3	818	Holly Ware	Liverpool P & S	20.06	4	D1
4	135	Helen Ruth Goodwill	Burnley AC	17.34	7	D2
5	703	Sarah Ormshaw	Wigan & District	16.02	3	D1
6	428	Lynn Baker	Pendle AC	13.61	5	D2
7	523	Julie Tyrer	Preston Harriers	9.47	2	D1
8	506	Alex Proffitt	Preston Harriers	7.99	1	D1

<b>Senior Women Hammer</b>						
1	53	Ava Leigh	Blackburn Harriers	54.16	7	D1
2	465	Caitlin Hornby	Preston Harriers	37.42	5	D1
3	818	Holly Ware	Liverpool P & S	33.13	4	D1
4	306	Hannah Carruthers	Lancaster & Morecambe	31.38	3	D1
5	418	Michelle Beard	Northern Masters AC	23.78	7	D2
6	568	Yasmin Baker	Wigan & District	21.89	2	D1
7	135	Helen Ruth Goodwill	Burnley AC	19.57	5	D2
8	506	Alex Proffitt	Preston Harriers	17.42	1	D1
9	428	Lynn Baker	Pendle AC	16.79	4	D2

<b>Senior Women 3000m</b>						
1	779	Angela Delaney	Northern Masters AC	11:40.9	7	D2
2	776	Christie Byrne	Kendal AAC	12:21.5	5	D2
3	523	Julie Tyrer	Preston Harriers	16:49.0	7	D1
4	688	Susan Wickham	Preston Harriers	17:17.7	5	D1

<b>Senior Women High Jump</b>						
1	570	Jayne Barlow	Wigan & District	1.20	7	D1

<b>Senior Women Long Jump</b>						
1	450	Erika Corns	Preston Harriers	4.74	7	D1
2	126	Nia Rutter	Blackpool Wyre & Fylde	4.70	5	D1
3	784	Hannah Wotherspoon	Wigan & District	4.09	4	D1
4	438	Anita Saunders	Pendle AC	4.06	7	D2
5	271	Heidi Sagar-Moss	Hyndburn AC	4.05	5	D2
6	434	Kasie Mitchell	Pendle AC	3.52	4	D2
7	686	Rebecca Seaton	Northern Masters AC	3.08	3	D2

<b>Senior Women Triple Jump</b>						
1	826	Lucy Bell	Carlisle Aspatria AC	9.36	7	D2

<b>Senior Women Shot</b>						
1	568	Yasmin Baker	Wigan & District	12.37	7	D1
2	608	Rebekah Hopper	Wigan & District	10.05	5	D1
3	306	Hannah Carruthers	Lancaster & Morecambe	9.33	4	D1
4	418	Michelle Beard	Northern Masters AC	6.72	7	D2
5	141	Hollie Mayhew	Burnley AC	6.61	5	D2
6	271	Heidi Sagar-Moss	Hyndburn AC	6.44	4	D2

<b>Senior Women Discus</b>						
1	608	Rebekah Hopper	Wigan & District	35.70	7	D1
2	465	Caitlin Hornby	Preston Harriers	24.92	5	D1
3	135	Helen Ruth Goodwill	Burnley AC	21.28	7	D2
4	428	Lynn Baker	Pendle AC	20.31	5	D2
5	818	Holly Ware	Liverpool P & S	17.08	4	D1
6	405	Jackie Wilkinson	Liverpool P & S	12.58	3	D1

<b>Under 17 Women 100m heat 1</b>						
1	452	Lucie Duckett	Preston Harriers	13.2		
2	787	Martha Sheriffe (NC)	Border Harriers & AC	13.3		
3	139	Shania Holland	Burnley AC	13.4		
4	237	Emma Hope	Chorley AC & Tri	13.8		
5	198	Carraghen Spence	Bury AC	14.2		

<b>Under 17 Women 100m heat 2</b>						
1	433	Phoebe Law	Pendle AC	13.2		
2	596	Kady Hall	Wigan & District	13.8		
3	31	Evie Fort	Blackburn Harriers	14.2		
4	264	Elah Berry	Hyndburn AC	14.2		
5	684	Leticia Da Silva	Bury AC	15.5		

<b>Under 17 Women 100m heat 3</b>						
1	112	Millie Haden-Brown	Blackpool Wyre & Fylde	13.4		
2	11	Mahiya Mohan	Barrow & Furness	13.4		
3	219	Brooke Wilson	Carlisle Aspatria AC	13.5		
4	490	Mia Murphy	Preston Harriers	14.5		

<b>Under 17 Women 100m overall</b>						
1	452	Lucie Duckett	Preston Harriers	13.2	7	D1
2	433	Phoebe Law	Pendle AC	13.2	7	D2
3	787	Martha Sheriffe (NC)	Border Harriers & AC	13.3		
4	139	Shania Holland	Burnley AC	13.4	5	D2
5	11	Mahiya Mohan	Barrow & Furness	13.4	4	D2
6	112	Millie Haden-Brown	Blackpool Wyre & Fylde	13.4	5	D1
7	219	Brooke Wilson	Carlisle Aspatria AC	13.5	3	D2
8	237	Emma Hope	Chorley AC & Tri	13.8	2	D2
9	596	Kady Hall	Wigan & District	13.8	4	D1
10	198	Carraghen Spence	Bury AC	14.2	3	D1
11	264	Elah Berry	Hyndburn AC	14.2	1	D2
12	31	Evie Fort	Blackburn Harriers	14.2	2	D1
13	490	Mia Murphy	Preston Harriers	14.5	1	D1
14	684	Leticia Da Silva	Bury AC	15.5		



<b>Under 17 Women 200m heat 1</b>					
1	11	Mahiya Mohan	Barrow & Furness	27.1	
2	791	Grace Bomba (NC)	Liverpool Harriers & AC	27.5	
3	112	Millie Haden-Brown	Blackpool Wyre & Fylde	27.7	
4	219	Brooke Wilson	Carlisle Aspatria AC	27.8	
5	787	Martha Sheriffe (NC)	Border Harriers & AC	27.9	
6	139	Shania Holland	Burnley AC	28.0	
<b>Under 17 Women 200m heat 2</b>					
1	433	Phoebe Law	Pendle AC	26.8	
2	596	Kady Hall	Wigan & District	28.1	
3	198	Carraghen Spence	Bury AC	29.6	
4	684	Leticia Da Silva	Bury AC	32.2	
<b>Under 17 Women 200m overall</b>					
1	433	Phoebe Law	Pendle AC	26.8	7 D2
2	11	Mahiya Mohan	Barrow & Furness	27.1	5 D2
3	791	Grace Bomba (NC)	Liverpool Harriers & AC	27.5	
4	112	Millie Haden-Brown	Blackpool Wyre & Fylde	27.7	7 D1
5	219	Brooke Wilson	Carlisle Aspatria AC	27.8	4 D2
6	787	Martha Sheriffe (NC)	Border Harriers & AC	27.9	
7	139	Shania Holland	Burnley AC	28.0	3 D2
8	596	Kady Hall	Wigan & District	28.1	5 D1
9	198	Carraghen Spence	Bury AC	29.6	4 D1
10	684	Leticia Da Silva	Bury AC	32.2	3 D1
<b>Under 17 Women 300m heat 1</b>					
1	219	Brooke Wilson	Carlisle Aspatria AC	44.7	
2	198	Carraghen Spence	Bury AC	46.7	
3	797	Faye Lalley (NC)	Liverpool Harriers & AC	49.4	
4	616	Nour Kholeif	Wigan & District	50.7	
<b>Under 17 Women 300m heat 2</b>					
1	11	Mahiya Mohan	Barrow & Furness	42.8	
2	824	Maisey Mills	Bury AC	48.4	
3	684	Leticia Da Silva	Bury AC	50.3	
<b>Under 17 Women 300m overall</b>					
1	11	Mahiya Mohan	Barrow & Furness	42.8	7 D2
2	219	Brooke Wilson	Carlisle Aspatria AC	44.7	5 D2
3	198	Carraghen Spence	Bury AC	46.7	7 D1
4	824	Maisey Mills	Bury AC	48.4	5 D1
5	797	Faye Lalley (NC)	Liverpool Harriers & AC	49.4	
6	684	Leticia Da Silva	Bury AC	50.3	
7	616	Nour Kholeif	Wigan & District	50.7	4 D1
<b>Under 17 Women 800m</b>					
1	291	Isla Pearman	Kendal AAC	2:27.6	7 D2
2	821	Caira Bradley	Kendal AAC	2:32.9	5 D2
3	282	Tess Evans	Kendal AAC	2:33.9	
4	56	Bella Rose McCredie	Blackburn Harriers	2:35.2	7 D1
5	827	Isabelle Perry	Blackburn Harriers	2:43.3	5 D1
6	616	Nour Kholeif	Wigan & District	2:50.6	4 D1
7	295	Lily Slater	Kendal AAC	3:00.9	
<b>Under 17 Women 1500m</b>					
1	833	Ruby Cleaver (NC)	Guest	4:50.5	
2	251	Maisie Preston	Chorley AC & Tri	5:08.6	7 D2
3	291	Isla Pearman	Kendal AAC	5:15.1	5 D2
4	801	Phoebe Carroll (NC)	Sale Harriers Manchester	5:19.0	
5	821	Caira Bradley	Kendal AAC	5:20.1	4 D2
6	628	Holly Nicholls	Wigan & District	5:30.2	7 D1
<b>Under 17 Women 3000m</b>					
1	824	Maisey Mills	Bury AC	14:02.3	7 D1
<b>Under 17 Women Long Jump</b>					
1	822	Leshawn Clifford (NC)	Guest	5.21	
2	452	Lucie Duckett	Preston Harriers	4.58	7 D1
3	237	Emma Hope	Chorley AC & Tri	4.27	7 D2
4	112	Millie Haden-Brown	Blackpool Wyre & Fylde	4.25	5 D1
5	31	Evie Fort	Blackburn Harriers	3.75	4 D1
<b>Under 17 Women Triple Jump</b>					
1	745	Luna Elhassan (NC)	Trafford Athletic Club	9.59	
2	616	Nour Kholeif	Wigan & District	8.29	7 D1
<b>Under 17 Women Shot</b>					
1	17	Rebecca Awe	Blackburn Harriers	10.59	7 D1
2	453	Abbie Ely	Preston Harriers	9.93	5 D1
3	383	Charlotte Monk	Liverpool P & S	8.03	4 D1
<b>Under 17 Women Discus</b>					
1	17	Rebecca Awe	Blackburn Harriers	28.81	7 D1
2	383	Charlotte Monk	Liverpool P & S	16.67	5 D1
<b>Under 17 Women Javelin</b>					
1	453	Abbie Ely	Preston Harriers	28.17	7 D1
2	652	Ava Wareing	Wigan & District	23.66	5 D1
3	161	Evie Elliott	Bury AC	22.20	4 D1
<b>Under 17 Women Hammer</b>					
1	516	Emilia Simpson	Preston Harriers	41.38	7 D1
2	652	Ava Wareing	Wigan & District	22.69	5 D1
<b>Under 15 Girls 100m heat 1</b>					
1	102	Emily Clarkson	Blackpool Wyre & Fylde	13.8	
2	368	Anna Halliwell	Liverpool P & S	14.0	
3	476	Hollie Lewis	Preston Harriers	14.1	
4	429	Julia Biskupiak	Pendle AC	14.2	
5	218	Christina Monkhouse	Carlisle Aspatria AC	14.4	
6	777	Minnie Makin	Lancaster & Morecambe	14.5	
<b>Under 15 Girls 100m heat 2</b>					
1	792	Heidi Burrows (NC)	Liverpool Harriers & AC	14.0	
2	458	Kara Giddins	Preston Harriers	14.1	
3	48	Dana Juma	Blackburn Harriers	14.3	
4	467	Jasmine Houghton	Preston Harriers	14.3	
5	590	Isabella Foxton	Wigan & District	14.5	
6	382	Lola McKenzie	Liverpool P & S	14.9	



<b>Under 15 Girls 100m heat 3</b>					
1	790	Layla Barnes (NC)	Liverpool Harriers & AC	13.2	
2	260	Emily Williams	Chorley AC & Tri	13.5	
3	138	Destine Holland	Burnley AC	13.6	
4	501	Isabella Pace	Preston Harriers	14.1	
5	182	Laila Musvamhiri	Bury AC	14.3	

<b>Under 15 Girls 100m heat 4</b>					
1	212	Amy Johnstone	Carlisle Aspatria AC	13.1	
2	437	Emily Roberts	Pendle AC	14.3	
3	164	Thea Golby-Thomson	Bury AC	15.1	
4	782	Deifilia Nomamiukor	Preston Harriers	15.9	

<b>Under 15 Girls 100m overall</b>					
1	212	Amy Johnstone	Carlisle Aspatria AC	13.1	7 D2
2	790	Layla Barnes (NC)	Liverpool Harriers & AC	13.2	
3	260	Emily Williams	Chorley AC & Tri	13.5	5 D2
4	138	Destine Holland	Burnley AC	13.6	4 D2
5	102	Emily Clarkson	Blackpool Wyre & Fylde	13.8	7 D1
6	368	Anna Halliwell	Liverpool P & S	14.0	5 D1
7	792	Heidi Burrows (NC)	Liverpool Harriers & AC	14.0	
8	476	Hollie Lewis	Preston Harriers	14.1	4 D1
9	458	Kara Giddins	Preston Harriers	14.1	3 D1
10	501	Isabella Pace	Preston Harriers	14.1	
11	429	Julia Biskupiak	Pendle AC	14.2	3 D2
12	467	Jasmine Houghton	Preston Harriers	14.3	
13	48	Dana Juma	Blackburn Harriers	14.3	2 D1
14	182	Laila Musvamhiri	Bury AC	14.3	1 D1
15	437	Emily Roberts	Pendle AC	14.3	2 D2
16	218	Christina Monkhouse	Carlisle Aspatria AC	14.4	1 D2
17	777	Minnie Makin	Lancaster & Morecambe	14.5	
18	590	Isabella Foxton	Wigan & District	14.5	
19	382	Lola McKenzie	Liverpool P & S	14.9	
20	164	Thea Golby-Thomson	Bury AC	15.1	
21	782	Deifilia Nomamiukor	Preston Harriers	15.9	

<b>Under 15 Girls 200m heat 1</b>					
1	485	Lois Melling	Preston Harriers	27.1	
2	102	Emily Clarkson	Blackpool Wyre & Fylde	28.2	
3	16	Abigail Awe	Blackburn Harriers	29.1	
4	429	Julia Biskupiak	Pendle AC	29.2	
5	590	Isabella Foxton	Wigan & District	30.8	
6	164	Thea Golby-Thomson	Bury AC	31.4	

<b>Under 15 Girls 200m heat 2</b>					
1	125	Esme Rutter	Blackpool Wyre & Fylde	28.2	
2	805	Tess Mullen (NC)	St Helens Sutton AC	28.8	
3	531	Halli Williams	Preston Harriers	28.8	
4	138	Destine Holland	Burnley AC	29.7	
5	777	Minnie Makin	Lancaster & Morecambe	30.8	

<b>Under 15 Girls 200m heat 3</b>					
1	212	Amy Johnstone	Carlisle Aspatria AC	26.7	
2	520	Grace Taylor	Preston Harriers	29.2	
3	792	Heidi Burrows (NC)	Liverpool Harriers & AC	29.5	
4	621	Thea Lucas	Wigan & District	30.2	
5	165	Lois Green	Bury AC	32.4	

<b>Under 15 Girls 200m heat 4</b>					
1	437	Emily Roberts	Pendle AC	29.2	
2	456	Eliza Garcia	Preston Harriers	30.9	
3	263	Rebecca Batchelor	Hyndburn AC	31.4	
4	557	Ava O'Rourke	Southport Waterloo	31.7	

<b>Under 15 Girls 200m overall</b>					
1	212	Amy Johnstone	Carlisle Aspatria AC	26.7	7 D2
2	485	Lois Melling	Preston Harriers	27.1	7 D1
3	102	Emily Clarkson	Blackpool Wyre & Fylde	28.2	5 D1
4	125	Esme Rutter	Blackpool Wyre & Fylde	28.2	4 D1
5	531	Halli Williams	Preston Harriers	28.8	3 D1
6	805	Tess Mullen (NC)	St Helens Sutton AC	28.8	
7	16	Abigail Awe	Blackburn Harriers	29.1	2 D1
8	429	Julia Biskupiak	Pendle AC	29.2	5 D2
9	520	Grace Taylor	Preston Harriers	29.2	
10	437	Emily Roberts	Pendle AC	29.2	4 D2
11	792	Heidi Burrows (NC)	Liverpool Harriers & AC	29.5	
12	138	Destine Holland	Burnley AC	29.7	3 D2
13	621	Thea Lucas	Wigan & District	30.2	1 D1
14	590	Isabella Foxton	Wigan & District	30.8	
15	777	Minnie Makin	Lancaster & Morecambe	30.8	
16	456	Eliza Garcia	Preston Harriers	30.9	
17	164	Thea Golby-Thomson	Bury AC	31.4	
18	263	Rebecca Batchelor	Hyndburn AC	31.4	2 D2
19	557	Ava O'Rourke	Southport Waterloo	31.7	1 D2
20	165	Lois Green	Bury AC	32.4	

<b>Under 15 Girls 300m</b>					
1	21	Imogen Boardman	Blackburn Harriers	44.3	7 D1
2	531	Halli Williams	Preston Harriers	46.0	5 D1
3	123	Charlotte Robbins	Blackpool Wyre & Fylde	46.6	4 D1
4	476	Hollie Lewis	Preston Harriers	46.6	3 D1
5	165	Lois Green	Bury AC	50.3	2 D1

<b>Under 15 Girls 800m</b>					
1	805	Tess Mullen (NC)	St Helens Sutton AC	2:31.4	
2	543	Lucy Delamere	Southport Waterloo	2:31.5	7 D2
3	429	Julia Biskupiak	Pendle AC	2:32.3	5 D2
4	260	Emily Williams	Chorley AC & Tri	2:34.4	4 D2
5	507	Erica Purnell	Preston Harriers	2:38.5	7 D1
6	520	Grace Taylor	Preston Harriers	2:39.1	5 D1
7	796	Alys Lalley (NC)	Liverpool Harriers & AC	2:41.0	
8	261	Ava Winstanley	Chorley AC & Tri	2:41.7	3 D2
9	830	Mya Burney (NC)	Guest	2:42.5	
10	263	Rebecca Batchelor	Hyndburn AC	2:49.5	2 D2
11	290	Izzy Leigh	Kendal AAC	2:52.0	1 D2
12	456	Eliza Garcia	Preston Harriers	2:55.4	
13	326	Sofia Ann Winterbottom	Lancaster & Morecambe	2:58.3	4 D1
14	535	Ella Boyd	Southport Waterloo	3:23.7	



<b>Under 15 Girls 1500m</b>					
1	482	Elsie McKeever	Preston Harriers	4:58.7	7 D1
2	160	Lucy Dent	Bury AC	5:03.6	5 D1
3	254	Millie Reid	Chorley AC & Tri	5:17.5	7 D2
4	253	Isobel Reid	Chorley AC & Tri	5:17.5	5 D2
5	330	Katelyn Douglas	Leven Valley AC	5:19.9	4 D2
6	333	Imogen Moore	Leven Valley AC	5:20.4	3 D2
7	794	Nancy Howe (NC)	Liverpool Harriers & AC	5:26.3	
8	209	Lydia Worsley	Bury AC	5:32.5	4 D1
9	557	Ava O'Rourke	Southport Waterloo	5:54.3	2 D2

<b>Under 15 Girls Javelin</b>					
1	825	Nancy Roberts (NC)	Guest	28.25	
2	697	India Bates (NC)	Liverpool Harriers & AC	24.85	
3	270	Esther Sagar-Moss	Hyndburn AC	24.70	7 D2
4	182	Laila Musvamhiri	Bury AC	19.75	7 D1
5	96	Georgia Allmark	Blackpool Wyre & Fylde	18.71	5 D1
6	107	Nevaeh Fenton	Blackpool Wyre & Fylde	17.82	4 D1
7	361	Gabrysia Dobrzynski	Liverpool P & S	13.92	3 D1

<b>Under 15 Girls 75m Hurdles</b>					
1	402	Gabrielle Taylor	Liverpool P & S	12.2	7 D1
2	125	Esme Rutter	Blackpool Wyre & Fylde	12.9	5 D1
3	368	Anna Halliwell	Liverpool P & S	13.4	4 D1
4	443	Georgina Andrews	Preston Harriers	13.6	3 D1
5	253	Isobel Reid	Chorley AC & Tri	13.7	7 D2
6	254	Millie Reid	Chorley AC & Tri	13.7	5 D2

<b>Under 15 Girls High Jump</b>					
1	458	Kara Giddins	Preston Harriers	1.50	7 D1
2	517	Clara Sinacola	Preston Harriers	1.45	5 D1
3	389	Millie Oliver	Liverpool P & S	1.40	4 D1
4	298	Melissa Cameron	Kirkby Milers AC	1.20	7 D2

<b>Under 15 Girls Long Jump</b>					
1	402	Gabrielle Taylor	Liverpool P & S	5.03	7 D1
2	458	Kara Giddins	Preston Harriers	4.54	5 D1
3	212	Amy Johnstone	Carlisle Aspatria AC	4.31	7 D2
4	517	Clara Sinacola	Preston Harriers	4.27	4 D1
5	102	Emily Clarkson	Blackpool Wyre & Fylde	4.26	3 D1
6	467	Jasmine Houghton	Preston Harriers	4.20	
7	389	Millie Oliver	Liverpool P & S	4.15	2 D1
8	368	Anna Halliwell	Liverpool P & S	3.97	
9	621	Thea Lucas	Wigan & District	3.95	1 D1
10	123	Charlotte Robbins	Blackpool Wyre & Fylde	3.85	
11	298	Melissa Cameron	Kirkby Milers AC	3.80	5 D2
12	164	Thea Golby-Thomson	Bury AC	3.73	

<b>Under 15 Girls Shot</b>					
1	48	Dana Juma	Blackburn Harriers	9.27	7 D1
2	67	Madeline Partridge	Blackburn Harriers	8.80	5 D1
3	16	Abigail Awe	Blackburn Harriers	8.16	
4	125	Esme Rutter	Blackpool Wyre & Fylde	7.82	4 D1
5	361	Gabrysia Dobrzynski	Liverpool P & S	7.44	3 D1
6	511	Sophie Rigby	Preston Harriers	7.41	2 D1
7	254	Millie Reid	Chorley AC & Tri	5.26	7 D2
8	270	Esther Sagar-Moss	Hyndburn AC	5.23	5 D2
9	326	Sofia Ann Winterbottom	Lancaster & Morecambe	5.13	1 D1
10	253	Isobel Reid	Chorley AC & Tri	4.99	4 D2

<b>Under 15 Girls Discus</b>					
1	213	Sydney Knight	Carlisle Aspatria AC	23.58	7 D2
2	67	Madeline Partridge	Blackburn Harriers	23.17	7 D1
3	270	Esther Sagar-Moss	Hyndburn AC	14.35	5 D2
4	96	Georgia Allmark	Blackpool Wyre & Fylde	13.78	5 D1

<b>Under 13 Girls 100m heat 1</b>					
1	828	Inez Hernandez-Martin (NC)	Guest	13.2	
2	816	Beth Hodgson (NC)	Guest	13.6	
3	105	Alana Dann	Blackpool Wyre & Fylde	14.5	
4	648	Elizabeth Teslim Balogun	Wigan & District	14.5	
5	24	Amelia Carrier	Blackburn Harriers	15.6	

<b>Under 13 Girls 100m heat 2</b>					
1	802	Millie Jackson (NC)	Sale Harriers Manchester	14.0	
2	823	Indi Moorcroft (NC)	Guest	14.1	
3	623	Emily Mason	Wigan & District	14.4	
4	187	Violette Overlunde	Bury AC	14.6	
5	778	India Jarrett	Liverpool P & S	14.6	
6	28	Sophie Douglas	Blackburn Harriers	16.0	

<b>Under 13 Girls 100m heat 3</b>					
1	184	Matilda Nott	Bury AC	13.8	
2	793	Grace Byrom (NC)	Liverpool Harriers & AC	13.9	
3	4	Isla Gower	Barrow & Furness	15.6	
4	217	Ada Monkhouse	Carlisle Aspatria AC	16.0	
5	220	Macey Wilson	Carlisle Aspatria AC	17.0	

<b>Under 13 Girls 100m heat 4</b>					
1	820	Hallie Craddock (NC)	Guest	14.6	
2	685	Elodie Greer	Lancaster & Morecambe	15.2	
3	154	Mylah Collier	Bury AC	15.3	
4	262	Jessica Wood	Chorley AC & Tri	16.7	
5	313	Isla Heath	Lancaster & Morecambe	17.3	



**Under 13 Girls 100m overall**

1	828	Inez Hernandez-Martin (NC)	Guest	13.2		
2	816	Beth Hodgson (NC)	Guest	13.6		
3	184	Matilda Nott	Bury AC	13.8	7	D1
4	793	Grace Byrom (NC)	Liverpool Harriers & AC	13.9		
5	802	Millie Jackson (NC)	Sale Harriers Manchester	14.0		
6	823	Indi Moorcroft (NC)	Guest	14.1		
7	623	Emily Mason	Wigan & District	14.4	5	D1
8	105	Alana Dann	Blackpool Wyre & Fylde	14.5	4	D1
9	648	Elizabeth Teslim Balogun	Wigan & District	14.5	3	D1
10	778	India Jarrett	Liverpool P & S	14.6	2	D1
11	187	Violette Overlunde	Bury AC	14.6	1	D1
12	820	Hallie Craddock (NC)	Guest	14.6		
13	685	Elodie Greer	Lancaster & Morecambe	15.2		
14	154	Mylah Collier	Bury AC	15.3		
15	24	Amelia Carrier	Blackburn Harriers	15.6		
16	4	Isla Gower	Barrow & Furness	15.6	7	D2
17	28	Sophie Douglas	Blackburn Harriers	16.0		
18	217	Ada Monkhouse	Carlisle Aspatria AC	16.0	5	D2
19	262	Jessica Wood	Chorley AC & Tri	16.7	4	D2
20	220	Macey Wilson	Carlisle Aspatria AC	17.0	3	D2
21	313	Isla Heath	Lancaster & Morecambe	17.3		

**Under 13 Girls 800m**

1	241	Winnie Lancaster	Chorley AC & Tri	2:30.0	7	D2
2	274	Mila Barron	Kendal AAC	2:32.5	5	D2
3	500	Isabel Owers	Preston Harriers	2:35.1	7	D1
4	524	Scarlett Walker	Preston Harriers	2:36.4	5	D1
5	154	Mylah Collier	Bury AC	2:41.3	4	D1
6	181	Niamh Murray	Bury AC	2:42.7	3	D1
7	718	Bethan Mason (NC)	Bolton United Harriers & AC	2:47.0		
8	815	Poppy McKenna (NC)	Guest	2:48.6		
9	203	Isla Taylor	Bury AC	2:49.2		
10	28	Sophie Douglas	Blackburn Harriers	2:55.3	2	D1
11	774	Florence Molyneux	Blackburn Harriers	2:55.9	1	D1
12	502	Mia Park	Preston Harriers	2:57.6		
13	562	Lauren Sinha	Southport Waterloo	3:02.4	4	D2
14	20	Pippa Blackburn	Blackburn Harriers	3:05.8		
15	166	Penelope Greenhalgh	Bury AC	3:26.4		

**Under 13 Girls 1500m**

1	668	Eva Pearce (NC)	Rosendale Harriers & AC	5:08.5		
2	806	Daisy McVicar (NC)	Warriors Pentathlon & Ath	5:09.1		
3	769	Saraya Plenderleith	Blackpool Wyre & Fylde	5:31.4	7	D1
4	804	Grace Upton	Southport Waterloo	6:33.8	7	D2

**Under 13 Girls 200m heat 1**

1	828	Inez Hernandez-Martin (NC)	Guest	28.0		
2	187	Violette Overlunde	Bury AC	30.2		
3	648	Elizabeth Teslim Balogun	Wigan & District	31.9		
4	217	Ada Monkhouse	Carlisle Aspatria AC	33.5		
5	804	Grace Upton	Southport Waterloo	34.7		

**Under 13 Girls 70m Hurdles heat 1**

1	184	Matilda Nott	Bury AC	12.0		
2	815	Poppy McKenna (NC)	Guest	12.1		
3	448	Lydia Codarin	Preston Harriers	12.3		
4	802	Millie Jackson (NC)	Sale Harriers Manchester	12.5		
5	515	Emma Shuttleworth	Preston Harriers	16.1		

**Under 13 Girls 200m heat 2**

1	184	Matilda Nott	Bury AC	27.6		
2	820	Hallie Craddock (NC)	Guest	29.1		
3	778	India Jarrett	Liverpool P & S	30.2		
4	4	Isla Gower	Barrow & Furness	31.9		
5	515	Emma Shuttleworth	Preston Harriers	33.0		

**Under 13 Girls 70m Hurdles heat 2**

1	697	India Bates (NC)	Liverpool Harriers & AC	11.7		
2	819	Caitlin Hurworth (NC)	Guest	12.0		
3	748	Marie-ange Robson (NC)	Wirral AC	14.3		
4	28	Sophie Douglas	Blackburn Harriers	15.3		

**Under 13 Girls 200m heat 3**

1	816	Beth Hodgson (NC)	Guest	28.0		
2	823	Indi Moorcroft (NC)	Guest	28.0		
3	685	Elodie Greer	Lancaster & Morecambe	31.5		
4	220	Macey Wilson	Carlisle Aspatria AC	36.0		

**Under 13 Girls 70m Hurdles overall**

1	697	India Bates (NC)	Liverpool Harriers & AC	11.7		
2	184	Matilda Nott	Bury AC	12.0	7	D1
3	819	Caitlin Hurworth (NC)	Guest	12.0		
4	815	Poppy McKenna (NC)	Guest	12.1		
5	448	Lydia Codarin	Preston Harriers	12.3	5	D1
6	802	Millie Jackson (NC)	Sale Harriers Manchester	12.5		
7	748	Marie-ange Robson (NC)	Wirral AC	14.3		
8	28	Sophie Douglas	Blackburn Harriers	15.3	4	D1
9	515	Emma Shuttleworth	Preston Harriers	16.1	3	D1

**Under 13 Girls 200m overall**

1	184	Matilda Nott	Bury AC	27.6	7	D1
2	828	Inez Hernandez-Martin (NC)	Guest	28.0		
3	823	Indi Moorcroft (NC)	Guest	28.0		
4	816	Beth Hodgson (NC)	Guest	28.0		
5	820	Hallie Craddock (NC)	Guest	29.1		
6	187	Violette Overlunde	Bury AC	30.2	5	D1
7	778	India Jarrett	Liverpool P & S	30.2	4	D1
8	685	Elodie Greer	Lancaster & Morecambe	31.5	3	D1
9	648	Elizabeth Teslim Balogun	Wigan & District	31.9	2	D1
10	4	Isla Gower	Barrow & Furness	31.9	7	D2
11	515	Emma Shuttleworth	Preston Harriers	33.0	1	D1
12	217	Ada Monkhouse	Carlisle Aspatria AC	33.5	5	D2
13	804	Grace Upton	Southport Waterloo	34.7	4	D2
14	220	Macey Wilson	Carlisle Aspatria AC	36.0	3	D2

**Under 13 Girls High Jump**

1	815	Poppy McKenna (NC)	Guest	1.40		
2	819	Caitlin Hurworth (NC)	Guest	1.35		
3	793	Grace Byrom (NC)	Liverpool Harriers & AC	1.30		
4	820	Hallie Craddock (NC)	Guest	1.25		
5	448	Lydia Codarin	Preston Harriers	1.25	7	D1
6	748	Marie-ange Robson (NC)	Wirral AC	1.20		
7	685	Elodie Greer	Lancaster & Morecambe	1.20	5	D1
8	166	Penelope Greenhalgh	Bury AC	1.10	4	D1


**Under 13 Girls Long Jump**

1	802	Millie Jackson (NC)	Sale Harriers Manchester	4.52		
2	819	Caitlin Hurworth (NC)	Guest	4.43		
3	184	Matilda Nott	Bury AC	4.19	7	D1
4	623	Emily Mason	Wigan & District	4.19	5	D1
5	697	India Bates (NC)	Liverpool Harriers & AC	4.12		
6	798	Mae Mercer (NC)	Liverpool Harriers & AC	3.97		
7	448	Lydia Codarin	Preston Harriers	3.86	4	D1
8	748	Marie-ange Robson (NC)	Wirral AC	3.69		
9	105	Alana Dann	Blackpool Wyre & Fylde	3.66	3	D1
10	313	Isla Heath	Lancaster & Morecambe	3.31	2	D1
11	181	Niamh Murray	Bury AC	3.28	1	D1
12	262	Jessica Wood	Chorley AC & Tri	3.17	7	D2
13	24	Amelia Carrier	Blackburn Harriers	3.16		
14	515	Emma Shuttleworth	Preston Harriers	2.98		

**Under 13 Girls Shot**

1	648	Elizabeth Teslim Balogun	Wigan & District	7.85	7	D1
2	793	Grace Byrom (NC)	Liverpool Harriers & AC	7.70		
3	697	India Bates (NC)	Liverpool Harriers & AC	7.38		
4	708	Alice Maddams	Carlisle Aspatria AC	7.00	7	D2
5	798	Mae Mercer (NC)	Liverpool Harriers & AC	5.66		
6	166	Penelope Greenhalgh	Bury AC	4.70	5	D1
7	313	Isla Heath	Lancaster & Morecambe	4.23	4	D1

**Under 13 Girls Discus**

1	708	Alice Maddams	Carlisle Aspatria AC	26.28	7	D2
2	187	Violette Overlunde	Bury AC	18.01	7	D1

**Under 13 Girls Javelin**

1	708	Alice Maddams	Carlisle Aspatria AC	32.88	7	D2
2	154	Mylah Collier	Bury AC	19.66	7	D1
3	798	Mae Mercer (NC)	Liverpool Harriers & AC	16.82		
4	262	Jessica Wood	Chorley AC & Tri	8.87	5	D2

**Female Division 1***(Doesn't include officials points)*

Preston Harriers	200
Bury Athletic Club	121
Wigan & District H & AC	119
Blackpool Wyre & Fylde AC	102
Liverpool Pembroke & Sefton H AC	93
Blackburn Harriers & AC	90
Lancaster & Morecambe AC	26

**Female Division 2***(Doesn't include officials points)*

Chorley Athletic and Triathlon Club	93
Carlisle Aspatria AC	85
Pendle Athletic Club	75
Northern Masters AC	61
Southport Waterloo AC	43
Burnley AC	39
Kendal Amateur Athletic Club	32
Hyndburn AC	32
Barrow & Furness Striders AC	30
Kirkby Milers AC	12
Leven Valley AC	12

**Male Division 1***(Doesn't include officials points)*

Wigan & District H & AC	140
Blackburn Harriers & AC	125
Preston Harriers	120
Liverpool Pembroke & Sefton H AC	96
Southport Waterloo AC	96
Lancaster & Morecambe AC	52
Kirkby Milers AC	47

**Male Division 2***(Doesn't include officials points)*

Bury Athletic Club	132
Northern Masters AC	76
Chorley Athletic and Triathlon Club	67
Hyndburn AC	59
Burnley AC	47
Carlisle Aspatria AC	43
Pendle Athletic Club	34
Blackpool Wyre & Fylde AC	21
Barrow & Furness Striders AC	19
Kendal Amateur Athletic Club	17
Leven Valley AC	14
Lytham St Annes RR Club	7